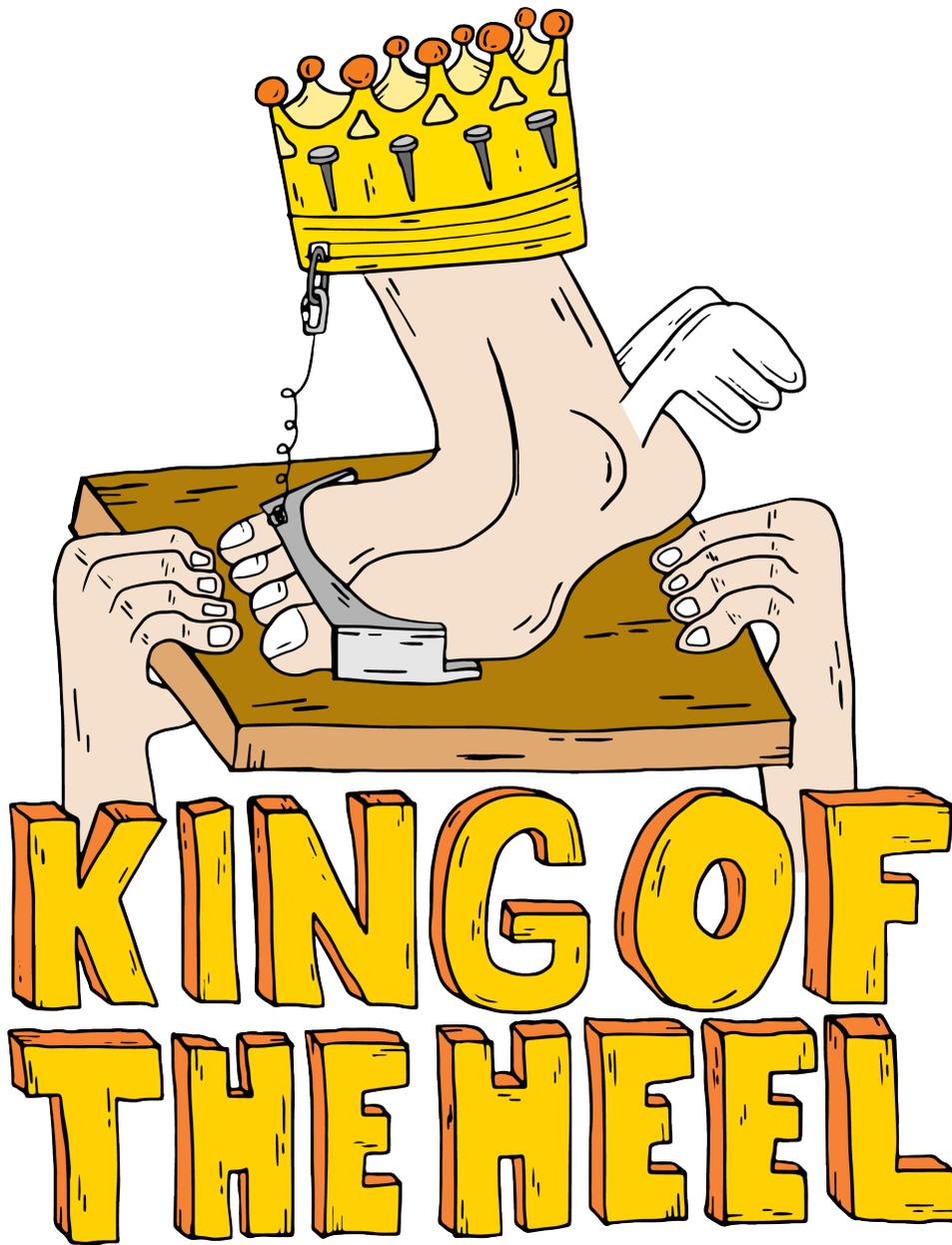


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PRESENTS



KING OF
THE WHEEL

TELEMARK VIDEO COMP

2020 Task Booklet

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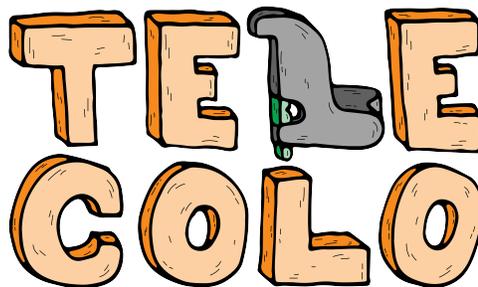


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LIABILITY MUMBO JUMBO

By participating in the King of the Heel Competition, the participant acknowledges the challenges presented have inherent risk and accepts the liability of his/her actions connected with his/her choices during this competition. The participant agrees to only choose/attempt challenges that he/she is capable of based on the participant's skill level and releases Telemark Colorado, LLC and all competition sponsors from any liability associated with participating in the competition and associated challenges.

RULES

- Teams may consist of a maximum of 5 telemark skiers and/or filmers.
- Teams can complete challenges of their choice out of the King of the Heel Task Booklet. Teams DO NOT have to complete all challenges in the booklet.
- Teams must film themselves completing the challenges, and produce a video edit of the challenges being completed.
- Team video edits should include the team name, the points scored for each challenge completed (included in the video as text shown during the clip of the challenge), and your team's total points at the end of the edit.
- With the team submission, also submit a list of completed tasks and point values.
- Unless specified otherwise, only one team member needs to complete a challenge to receive points. You do not receive additional points for multiple team skiers completing the same challenge.
- The team edit may also include ski footage unrelated to the task booklet! (In fact, it is recommended!)
- Some challenges are also eligible for biggest, longest, greatest awards worth an additional 250 points. These challenges are marked by an * in the booklet.
- Remember to properly dispose of trash and leave no trace!
- A FAQ page will be posted and updated on the www.telemarkcolorado.com page throughout the competition.

King of the Heel Awards

Two teams will receive huge prize packages from the competition sponsors:

1. King of the Heel - Most Points Scored by a Team
2. We Care Award - Best Team Edit Voted by the Telemark Community

Team Edit Submission Details

- Team submissions are due on March 1, 2020.
- Email team video submissions and completed challenge lists to:

freetheheelcolorado@gmail.com

- Edits should be sent in high quality formats.
- Large video files can be uploaded to www.wetransfer.com and either directly emailed via WeTransfer or copy the created download link to email and submit.

DROP SOME KNEE - HAVE A CRAP TON OF FUN!

General Telemark and On-Snow Challenges

30 points

- Tele a black diamond run.
- Tele a full day in jeans.
- Tele a pow day with a snorkel.
- Spot an alpine skier in full camo garb.
- 99 Tele-balloons: Tele with red balloons attached to you for a run.
- Leap Frog: Whole team must ski under each other's legs in a single line.
- Do a ski ballet trick on a telemark setup.
- Spray a teammate.
- Tele a run with a new telemarker you meet on the mountain!
- Tell a telemark skier not on your team that their bindings are broken.
- Get a frozen beard or mustache.

50 points

- Tele a double black diamond run.
- Do a double tele press butter in a run.
- No Powder on a Ski Day: Tele only groomers all day with your friends on a pow day.
- Tele a black diamond tree or glade run or harder.
- Set up a DIY rail in your back yard and tele it.
- Japan for a Day: Have sushi and Japanese beverage of choice on the lift ride on a pow day.
- Tele all day with a lurk made from cans of your beverage of choice.
- Sheffey Vibes: Do a trick on a rock.
- Skin to your favorite "off-mountain" bar/restaurant on a snow day (+50 pts for wearing full AVY gear).
- Ride a T-Bar in a telemark stance the whole way up.
- Tele in a Torch Light Parade.
- Ollie a teammate.
- Switch tele a blue run.
- Confluence Kayak and Ski Challenge:** Get a "Hoot" from chairlift riders while hotdogging under the ski lift!

100 points

- Tele every double black diamond at your resort in a day and tell everyone about it.
- Party Wave: Organize a group telemark party wave of 10 telemark skiers or more.*
- Document a member of an opposing team with a gaper gap.
- Monomark a black run or harder.
- Telemark a full day in tele blades!
- Bishop Challenge:** Take a top to bottom run in freeheel/tour mode.
- Facetime with your Mom or Dad while tele-ing a bump run.
- Challenge an alpiner to a race and beat them.
- Smelly Kneepad Challenge: Tele in leathers for the day (at least one run needs to be under the lift).
- Multi-State Challenge: Score 100 pts for every state (or country) skied in your team edit.
- Juggle while telemark skiing.
- Get 1st chair on a pow day with your whole team.
- Switch tele a black or harder run.
- Feed the Tribe: Tele a run with chips and salsa and offer it to weary telemark skiers on the mountain!
- Film a jedi lightsaber battle while skiing down a run.
- Ode to McConkey: Complete a challenge from the Game of G.N.A.R.*

200 points

- In-Bounds Uphill: Tour up to the peak of a resort and tele down (only perform at resorts that allow uphill access).
- 75 vs NTN: Ski a top to bottom run wearing a 75 mm boot on one foot, and an NTN boot on the other.
- Telemark ski from first to last chair.
- Bump Frog: Complete the Leap Frog challenge with the whole team on a bump run.
- Switch telemark a bump run.
- Monomark a bump run.
- Mount a shotski, and ski it!. (+30 points for using it)

LEGENDARY - 500 points

- Find John Oates on the mountain and sing him one of his own songs.
- Propose to a significant other on the mountain in a telemark stance.

Rail Yard (Park and Jib) Challenges

Lurk Powerup!

- Score 10 bonus pts per "Rail Yard" challenge completed with a lurk in hand.

30 points

- Hit a rail.*
- Double tele press a box feature.
- Front 270 off a box or rail feature.
- Blind 270 off a box or rail feature.
- Land switch off a box or rail feature and land in a telemark stance.

50 points

- Get a non-park crew mountain employee to hit a park feature (in uniform).
- Double tele press a rail feature.
- Butter Me Up: Score 50 pts per 180 rotation while sliding on a butter box feature.
- One foot rail slide.
- Rail Good Friends: Hit a box or rail feature while holding hands with a teammate.
- 270 On/270 Off a box or rail feature.
- Switch 270 on a rail or box feature.
- Kink.com: Score 50 pts per kink hit on the longest box or rail feature skied in the edit.*
- Tele press a rainbow box or rail feature.
- Switch 50-50 a barrel or rail feature.

100 points

- Tele press butter onto a box or rail feature.
- Switch 270 On to a double tele press on a box or rail feature.
- Piggyback: Stand on a teammate's skis as they hit a box or rail feature.
- Hit a box or rail feature in tele blades.
- 450 On a box or rail feature.
- Double tele press stall on a spine or wall feature.

200 points

- "Let's Go!" Challenge: Do 3 tricks out of the opening park segment of "Let's Go!".
- Urban Jungle: Hit an urban rail feature.
- Do a tele press while sliding on a corrugated rail feature.

In-Flight (Air and Jump) Challenges

30 points

- Do a daffy off a park or natural jump feature.
- Drop a cliff or cornice feature 5+ feet in height.*
- Do any grab off a park or natural jump feature.
- Launch a spread eagle underneath the lift chair.

50 points

- Spin to Win: Score 50 pts per 180 spun off a park or natural jump feature (e.g., a 540 is worth 150 pts).
- Tele nose butter off a jump feature in the park.
- Launch a cornice in a tele stance.
- Ollie a stair set feature of 5+ stairs.
- Zero F's Given: Zero spin a park feature (jump and land switch with no spins).
- Drop a cliff or cornice feature 10+ feet in height.*
- Switch 180 off a cornice or cliff feature (score 100 bonus pts if the cornice is taller than the skier).

100 points

- Cornice Friends: Launch off a cornice while holding hands with a teammate (must land together).
- 22 Designs Challenge:** Do a "truck driver" grab off a jump feature.
- Do a 180, switch 180, and 360 in a jump line.
- Ollie over a rope or slow sign.
- Gap a cat track.
- Bonk or tap a tree in the air.
- Ollie a stair set feature (10+ stairs).
- Drop a cliff or cornice feature 15+ feet in height.*
- Zero Spin to Win: Zero spin off of a cornice or cliff (score 100 bonus pts if the cornice is taller than the skier).

200 points

- Tele nose butter off of a cornice or cliff (score 100 bonus pts if the cornice is taller than the skier).
- Switch 360 off of a cornice or cliff feature (score 100 bonus pts if the cornice is taller than the skier).

Miscellaneous Challenges

30 points

- Apres with Zinc Oxide sunblock on your nose for an entire night.
- Prank phone call Freeheel Life.
- Group shotgun your preferred beverage on the lift.
- Tell a patroller you telemark.
- Write "I CARE YOU TELE" on a dirty car (in the dust).
- Fill the lift chair with telemark skiers.
- Walk into a bar or restaurant and prominently announce you are a telemark skier.
- Make a telemark coozie.

50 points

- Ice a telemark skier that is not on your team at the resort.
- Do a kickflip or bunnyhop over your telemark setup.
- Hand out bacon (or your preferred breakfast meat) to people in the lift line on a pow day.
- Slam 4x breakfast burritos on the way to the mountain.
- Get a patroller to say he/she "Cares you tele".

100 points

- Get "tele" shaved into your head.
- Eat a pint glass worth of pickled herring in a single sitting.
- Telemark Colorado Challenge:** Ski, mountain bike, and hit a brewery on the same day.
- Kiss a consenting telemark skier in the lift line.
- Make your own telemark shirt and ski in it for a day + Apres.
- Telemark Shoie: Chug a beverage of choice out of a telemark boot (+100 bonus pts if with the liner inside the boot).
- Lobster Challenge: Get a bib tan.
- Eat a McG**gB**g defined as a McChicken Sandwich stuffed into a McDouble.

200 points

- Get a stranger to smell your kneepad.
- Build the Community: Get somebody (friend or stranger) to telemark for their first time (+200 pts per new telemark skier!).
- Get your whole team to wear tele boots to a non-resort bar for the night.
- Slam a Hell's Gate Lager (must be legal drinking age) or Moxie.

LEGENDARY! - 500 points

- Get a telemark tattoo (new tattoo must be filmed after January 1, 2020 and cannot be old - must be 18 or older).

Biggest, Longest, Greatest Challenges

These challenges are including in the previous task list. Team submissions containing the biggest, longest, and greatest of these challenges will receive an additional 250 pts (added after the submission).

- Largest group telemark party wave of 10 telemark skiers or more.*
- Longest rail or box feature.*
- Most kinks hit on a rail or box feature.*
- Largest cliff or cornice feature.*
- Most epic crash.*
- Trick or line of the competition!*
- Document the youngest telemark skier.*
- Document the oldest telemark skier.*
- Most vertical feet skied in a day (must show proof).*
- Raddest "Ode to McConkey" challenge completion.*